Central Pattern Generator (CPG) networks, which organize rhythmic movements, have long served as models for neural network organization. Modulatory inputs are essential components of CPG function: neuromodulators set the parameters of CPG neurons and synapses to render the networks functional. Each modulator acts on the network by many effects which may oppose one another; this may serve to stabilize the modulated state. Neuromodulators also determine the active neuronal composition in the CPG, which varies with state changes such as locomotor speed. The pattern of gene expression which determines the electrophysiological personality of each CPG neuron is also under modulatory control. It is not possible to model the function of neural networks without including the actions of neuromodulators.

Central Pattern Generators (CPGs) are limited neural networks that generate the timing, phasing, and intensity cues to drive motoneuron output for simple rhythmic behaviors such as locomotion, mastication, and respiration. They have long served as models for understanding neural network function in general, as their output can be directly observed both behaviorally and neurophysiologically. While CPG networks generate relatively simple behaviors, they are capable of considerable flexibility to adapt the behavior to changing environmental demands. Neuromodulatory inputs, which typically activate metabotropic receptors and modify the neuron’s biochemical state, contribute to this behavioral flexibility by modifying the CPG networks on the fly. In this review, I will summarize recent research on the roles of neuromodulators in shaping CPG network function and output.

Other aspects of CPG function have been reviewed recently [1–6].

**Neuromodulators: optional or essential?**

The traditional view of the role of neuromodulators in CPG networks is that they refine the basic motor pattern that is generated by fast synaptic mechanisms in the network [3]. In an insightful review, Jordan and Sławinska [7*] critique this assumption, instead arguing that neuromodulatory actions are essential for normal network function. This could result from two separate mechanisms. First, neuromodulatory synapses may be intrinsic to the network itself. The prime example of this is the *Tritonia* swim CPG, where serotonergic neurons inside the network play a central role in enabling the swim pattern [8]. Given our increasing knowledge of metabotropic glutamate receptor activation at most excitatory synapses [9], intrinsic neuromodulation may be ubiquitous.

Second, modulatory inputs may be essential to set an inactive network in a functional state, which is either spontaneously active or can be rapidly activated by fast synaptic inputs. In the lobster stomatogastric ganglion, removal of modulatory inputs from other ganglia has long been known to abolish rhythmic activity from the 14-neuron pyloric network [10]. This results from the loss of intrinsic oscillatory properties of the prime network pacemakers, as well as changes in synaptic strength that regulate neuronal phasing.

In vertebrates, neuromodulators also appear to play essential roles to enable CPG networks to generate a rhythmic output. In the neonatal rodent spinal cord, serotonin appears to play an important role to enable locomotion [7,11]. Pharmacological blockade of 5HT7 or 5HT1 receptors abolishes brainstem-evoked fictive locomotion [12]. Genetic knockout of the 5HT7 receptor does not prevent spinal rhythm generation, but both interlimb and intralimb coordination are seriously disrupted [13*]. In the normal adult mouse, administration of a 5HT7 antagonist severely disrupts treadmill locomotion; interestingly, sufficient homeostatic compensation occurs during development that the adult 5HT7 knockout mouse can again walk normally. Liu et al. [13*] propose that 5HT7 receptors normally regulate the excitability of inhibitory interneurons that coordinate alternation of limbs and intralimb muscles. However, serotonin is not essential for locomotor generation: mice lacking the transcription factor *Lmx1b* lose all central serotonergic neurons in embryonic life, but survive and can walk apparently normally as
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adults [14]. Detailed tests of locomotor coordination have not been carried out on these mice. While it is not clear how these animals walk in the absence of serotonin, it is possible that compensatory mechanisms are activated during development so that other modulatory inputs, for example, using norepinephrine, dopamine (DA) or other transmitters, can help generate locomotion.

Serotonin and other neuromodulators also play critical roles in the neonatal mouse medullary respiratory CPG [15]. In vitro, antagonists of serotonin and/or Substance P receptors abolish the respiratory rhythm [16,17]. Neonatal mice genetically engineered to lack 5HT neurons show severe and prolonged episodes of apnea, and many of them die around birth, but can be rescued by 5HT2A agonists. Animals which survive the perinatal period recover normal respiration by P14 [17]. However, 5HT is not the only modulator to support neonatal respiration; the relative roles of the different modulators change with the state of the system. Doi and Ramirez [18] studied the roles of endogenously released serotonin, norepinephrine and Substance P in vitro and in vivo. Substance P can accelerate respiratory rate, but only if the respiratory rate is low or there is low 5HT and NE activity. If these are elevated by stimulating the raphe nuclei or locus coeruleus, there is no additional effect of Substance P. Thus, the modulatory effects of these compounds depend critically upon the state of the system.

Opposing actions of a neuromodulator stabilize the modified state of the network

While a neuromodulator may alter a network’s output in a certain direction (e.g. strengthening the output or accelerating the rhythm), its cellular actions may not all be aimed in that direction, and some of them may be opposing (e.g. to weaken the output or slow the rhythm). Given the somewhat nonspecific second messenger mechanisms activated by a neuromodulator (e.g. increases in cAMP can modify the properties of many proteins), opposing actions are expected, and may play important regulatory roles. Simple CPG networks provide a unique opportunity to study opposing actions of neuromodulators at the level of a single identified neuron or synapse. The cellular, ionic, and synaptic mechanisms by which DA reconfigures the 14-neuron pyloric network have been systematically explored [19]. At a number of sites, DA evokes responses that oppose its overall actions on pyloric neurons and synapses (Figure 1). For example, DA hyperpolarizes and silences one neuron, but simultaneously enhances its hyperpolarization-activated inward current, Ih, which would depolarize the neuron to resume firing. DA increases spike frequency in several neurons but enhances a slowly activating potassium current that would reduce spike frequency. DA can also activate opposing effects at a single synapse. For example, it can enhance transmitter release from the presynaptic terminal by increasing calcium currents, but reduce postsynaptic responsiveness to the released transmitter. In the neonatal mouse spinal cord, mGluR1 agonists weaken motoneuron activity during fictive locomotion, and reduce spiking responses to depolarizing steps by reducing the fast sodium current. However, at the same time they depolarize motoneurons by enhancing a nonselective cation current, and hyperpolarize the spike threshold, actions which would enhance motoneuron firing [20]. Levitan and colleagues showed that serotonin and the peptide egg-laying hormone (ELH) both activate opposing currents in the Aplysia burster neuron R15, which can either slow burst frequency or evoke bistable firing [21]. These actions are activated at different concentrations of the modulators, allowing a frequency-dependent switch in modulator activity regulating R15 bursting.

We have considered four reasons why such opposing neuromodulatory effects have been retained during evolution [19]. First, they could reflect the nonspecific second messenger mechanisms activated by the neuromodulator; as long as the ‘preferred’ effects predominate, the minor ‘nonpreferred’ effects may be ignored. Second, they could allow the sign of the modulator’s effect to reverse depending on the state of the system, for example, when other neuromodulators block one set of the modulator’s actions. Third, they may be activated with different concentration dependence or kinetics, allowing complex multi-component responses in the cell [21]. Finally, they could provide a system of checks and balances that constrain the degree of flexibility of the network, preventing it from going into a nonfunctional ‘over-modulated’ state. The opposing actions could then serve as ‘brakes’ to regulate the degree of modulation of the system. While the examples given here come primarily from CPG studies, opposing actions of neuromodulators could in theory stabilize neuronal activity in many kinds of circuits in the nervous system.

Regulation of CPG neuronal composition

It is often assumed that the neuronal composition of a CPG network is fixed, but the neurons participating in the network vary continuously with the state of the system. Different neuromodulators activate and inhibit unique subsets of STG pyloric neurons so that the active circuit varies with the modulatory state [22]. In rodents, the medullary respiratory circuit is dynamically reconfigured during normal respiration (eupnea), sighs, and gasping. Sighs and eupnea, for example, depend on different ionic currents expressed on different neurons, to provide the rhythmic drive for breathing. Sigh behavior depends critically on synaptic mechanisms driven by P/Q type calcium currents which innervate only a small subset of pre-Bötzinger complex neurons [23]. Eupnea does not depend strongly on these pathways, but on NMDA-dependent synaptic mechanisms. Thus, an overlapping but
**Figure 1**

Positive and negative effects of neuromodulators in a CPG network. (a) Simultaneous recordings from four neurons in the pyloric network of the lobster stomatogastric ganglion, showing the rhythmic pattern under normal conditions of modulatory inputs. AB: anterior burster; PD: pyloric dilator; LP: lateral pyloric; PY: pyloric constrictor. (b) Changes in the pyloric motor pattern when dopamine (10^{-5}M) is added. The AB, LP and PY neurons are all excited and fire more strongly while the PD is inhibited and fires weakly or not at all. There are also significant phasing changes. (c) Wiring diagram of the pyloric network, showing the effects of dopamine on ionic currents. Inhibitory synapses are drawn with filled circles; non-rectifying electrical synapses are drawn with a resistor, while rectifying synapses are drawn with a diode symbol indicating the direction of preferred current flow. Neurons in green are excited by dopamine, while those in red are inhibited. Dopamine evokes different changes in ionic currents in each of the neurons. Modulated currents in red would cause opposite effects on neuronal firing than the overall effect of dopamine. (d) Summary of dopamine’s effects on synaptic transmission in the pyloric network. Strengthened and weakened synapses are shown with thick and dashed lines, respectively. Some electrical synapses show opposite responses to dopamine depending on the direction of current flow, indicated by synapses that are partly bold and partly dashed. Plus and minus symbols in nerve terminals reflect changes in voltage-activated presynaptic calcium accumulation during dopamine. Pipette symbols with plus and minus symbols indicate changes in postsynaptic responsiveness to iontophoresed glutamate, the transmitter of most of the pyloric neurons. Circled plus and minus symbols in the cell bodies indicate dopamine’s effect on postsynaptic input resistance. Red-circled synapses are those where the presynaptic effects of dopamine are of opposing sign to its postsynaptic effects. Modified from Ref. [19].

A nonidentical pool of neurons generates these different respiratory modes [15]. Gasing is evoked by hypoxia; as respiration slows and becomes stronger, many expiratory and inspiratory ventrolateral neurons fall silent. In the pre-Bötzinger complex, during eupnea, rhythm generation depends on neurons expressing both calcium-activated nonselective currents and persistent sodium currents [24,25]. During gasing, the pattern depends most strongly on the subset of neurons that express $I_{NaP}$ [26]. Neurmodulators play critical roles in all these transitions; their effects are complex and state-dependent, and redundancy has been built into this essential system to retain respiration under nearly all conditions [15].

In the vertebrate spinal cord, many interneurons are multifunctional, participating in different behaviors [27]. In the turtle spinal cord, some interneurons participate in both swimming and scratching, while others are active only during scratching and are inhibited during swimming. In the larval zebrafish, different components of the swim CPG are active during swimming, escape behavior and struggling. Different glycinergic commissural interneurons show variable multifunctionality during these behaviors [28]. The commissural bifurcating longitudinal neurons (CoBLs) and commissural secondary ascending interneurons (CoSAs) are multifunctional, being strongly active during swimming and most struggling episodes, and sometimes during escape swims. On
the other hand, the commissural longitudinal ascending interneurons (CoLA) and commissural local interneurons (CoLos) are specialized, being active only during slow struggling movements and escape swims, respectively.

The neuronal composition of locomotor CPG networks also changes markedly with changes in locomotor speed. In the zebrafish, the circumferential descending interneurons (CiDs) show a dorsoventral gradient of activity at different speeds: ventral CiDs are active at lower frequencies but are inhibited at higher frequencies, while dorsal CiDs are silent at lower frequencies and are recruited at higher frequencies (Figure 2) [29**]. In the mouse spinal cord, the V2a neurons express the same transcription factor as the CiDs (alsx in zebrafish, Chx10 in mice). The V2a neurons also change their activity with speed, being less active at lower speeds and increasingly recruited and more active at higher speeds [30]. Genetic deletion of the V2a interneurons shows that they play a crucial role in regulating left-right limb alternation, but only at high speeds [31,32]. Clearly, the relative role of these neurons during locomotion varies as a function of speed from zebrafish to mouse.

The neural mechanisms encoding the selective recruitment and silencing of neurons at different speeds of locomotion are not well understood, but neuromodulatory inputs can play a role. In the mouse [20], Xenopus tadpole [33] and lamprey [34], group I metabotropic glutamate receptor agonists accelerate the locomotor rhythm from the isolated spinal cord, via combinations of synaptic and intrinsic neuronal mechanisms. Serotonin slows the...
ongoing fictive locomotor rhythm in lamprey [35] and mouse [36,37] spinal cords, but increases locomotor frequency in the *Xenopus* spinal cord [38]. These modulatory effects must act on CPG interneurons, but little is known about their interneuronal targets. In the neonatal mouse spinal cord, serotonin excites V2a interneurons, depolarizing them, increasing their input resistance and enhancing their f/I responses [39], excites commissural interneurons in part by reducing $I_{C_{a}}$, and consequently $I_{K(Ca)}$ [40–42], and excites unidentified locomotor interneurons in part by enhancing $I_{h}$ and persistent inward currents [43,44].

**Neuromodulator control of ionic current expression and neuronal identity**

For any network to function, the component neurons must develop and maintain the specific electrical properties that define them as a particular neuron type. Electrical activity is determined by the pattern of expression of genes for ion channels, pumps and receptors. Recent work in the crustacean STG has addressed this issue. MacLean et al. [45,46] showed that expression of the transient potassium current, $I_{A}$, and the inward current $I_{h}$ is coregulated in a constant ratio in PD neurons, despite varying absolute levels of each current in different PD neurons. Modeling confirmed the surprising result that as long as the ratio of $I_{A}$ to $I_{h}$ remains constant, the firing properties of the neurons remain constant. Schulz et al. [47] extended these data by showing that several pairs of ionic currents showed a constant ratio of gene expression in single STG neurons (Figure 3). Neuron types differed both in which channel gene pairs showed a constant RNA ratio, and in the slopes of the relationships. Recent work showed that different neuron types also showed different patterns of alternative splicing of RNA for the voltage-dependent sodium channel, providing another path to neuron specification [48]. Thus, the electrophysiological identity of STG neurons is partially determined by their

![Figure 3](https://example.com/figure3.png)

**Figure 3**

Ionic current pair coregulation helps to define identities of neurons. (a) Variations in RNA expression levels in single identified neurons from the lobster stomatogastric ganglion. Each graph shows the relationship between the number of copies of RNA for two ion channel genes, measured in multiple copies of a number of different identified neurons. The lines show the average slope of the relationship. Note that no neuron type has a linear relationship between all the current pairs shown; different neurons show different subsets of relationships. Note also that the slope of the current relationship can differ strongly between neurons. This helps define the electrophysiological properties of each neuron type. From Ref. [47]. (b) Modeling the relationship between levels of expression of the slow calcium current, $g_{CaS}$, and the calcium-activated potassium current, $g_{KCa}$, in a database of bursting neuron models. Each current’s maximal conductance was allowed to vary over six values, shown on the axes. The database was polled to determine the current levels in many bursting models with duty cycles between 0.1 and 0.2. The color code shows the numbers of models with each correlation; clearly there is a linear relationship between these currents, similar to those found experimentally in (a). (c) Variation in the current correlations in bursting models as the criteria for inclusion are sequentially restricted. Bottom row: Grey boxes show the correlations between currents in the database models of bursting with the indicated parameters. Then pairs of parameters are combined to identify model neurons that combine both of the lower parameters. This process is repeated going up the figure. At each level, the correlations found in the parent pairs are shown in grey boxes, and if they are blank, there is no correlation at the next level. This shows that as the selected set becomes increasingly constrained by multiple parameters, the numbers of ion channel correlations change in unexpected ways, but typically decrease. (b) and (c) from Ref. [49].
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unique ratios and types of coregulated ion channel expression. Hudson and Prinz [49] modeled these results by classifying the activity patterns in a large database of all possible neurons based on a generic STG neuron model with eight variable ionic conductances. When separated by class of firing properties (bursting, tonic, etc.), class-specific sets of correlations between pairs of ionic currents were seen. In general, when more constraints were placed on the neuron classification by requiring multiple parameters within limited ranges, the numbers and types of current correlations changed, sometimes in unexpected ways, but typically to reduce the total number of correlations (Figure 3). Two kinds of correlations were found in the models which have not yet been observed experimentally: correlations involving calcium currents (which are difficult to measure in STG neurons), and negative correlations between currents, which have never been seen experimentally but represent 30% of the correlations in the model. This model will certainly focus future experimental research towards these two correlations.

This ion current coregulation depends in part on modulatory input to the STG. Khorkova and Golowasch [50] studied the changes in ionic currents following decentralization to remove all modulatory inputs to the STG. Pyloric neurons immediately stop oscillating, but over a period of days they resume oscillating [51]. Removal of descending modulatory input changed the levels of several ionic currents in the PD neuron, and eliminated most of the fixed current ratios. The peptide proctolin was able to prevent these changes and maintain the normal current ratios, even in the presence of TTX, showing that this was not due to an activity-dependent mechanism. Zhang et al. [52] recently showed that activity and neuromodulation both contribute in the initial phase of recovery from removal of inputs, though in different ways. A model with two independent mechanisms for recovery after decentralization adequately reproduced these results. The activity-dependent component used an intracellular sensor regulated by intracellular calcium, with inverse effects on the membrane calcium conductance and the intracellular calcium pump activity. The activity-independent modulator component directly enhances calcium currents. With appropriate kinetics, these models reproduced the physiological results, resulting in a different set of currents driving the oscillations before and after recovery from decentralization [52].

Conclusion
Several major conclusions can be drawn from our analysis of flexibility in CPG networks. First, the idea that modulatory inputs are optional modifiers that fine-tune ongoing CPG function should be discarded. We predict that all CPG networks will require some modulatory input to coalesce into functional circuits, through a combination of intrinsic and extrinsic modulatory actions.

Second, neuromodulators can exert both positive and negative effects on a particular neuron or synapse; such opposing actions could provide added flexibility and constraints to regulate CPG activity within its functional parameter space. Third, CPGs should be conceptualized as having a flexible composition: the neurons participating in the network and the strengths of their synaptic connections are highly variable; some neurons may only play a role in a particular state (developmental, speed, and environmental). Finally neuromodulators play essential roles to maintain the ionic currents that determine the identity of CPG neurons and their synapses. Future modeling studies should take modulatory inputs and actions into account in developing new concepts for the generation of behavioral flexibility.

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References and recommended reading
Papers of particular interest, published within the period of review, have been highlighted as:

- of special interest
- of outstanding interest

Shows that genetic deletion of 5-HT_3 receptors disrupts left-right and unilateral flavor-extender alternation while still allowing rhythmic generation. Suggests that these receptors control activity of inhibitory interneurons responsible for limb and muscle coordination.


18. Doi A, Ramirez JM: State-dependent interactions between excitatory monoaminergic neurons in the neuronal control of breathing. J Neurosci 2010, 30:8251-8262. Studies the interactions between Substance P, serotonin and norepinephrine on the respiratory CPG; Substance P only affects respiratory frequency under conditions of low serotonin and norepinephrine activity.


25. A model of pre-Bötzing complex neurons shows that systematic variation of h\_NaP and I\_CaN can generate a variety of firing intrinsic firing patterns similar to those seen in electrophysiological recordings.


The CiD interneurons show a dorsalventral gradient in input resistance and activation during fictive locomotion. The higher resistance ventral CiDs are activated at low swim frequencies but inhibited at higher frequencies, whereas the lower resistance dorsal CiDs show the opposite pattern. This shows that the neuronal composition of the CPG varies with swim frequency.


Using activity-dependent GFP labeling, this study shows that locomotor-activated interneurons possess both sodium- and calcium-mediated persistent inwards currents, and that these are enhanced in several ways by serotonin.

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Analysis of 1,679,616 variants of a stomatogastric ganglion neuron model shows that correlations between expression of pairs of ionic currents are frequent within classes of firing patterns, especially when increasing constraints are placed on specification of the activity classes. These correlations vary by class. Both positive and negative correlations are seen in the model, though only positive correlations have been seen experimentally.


